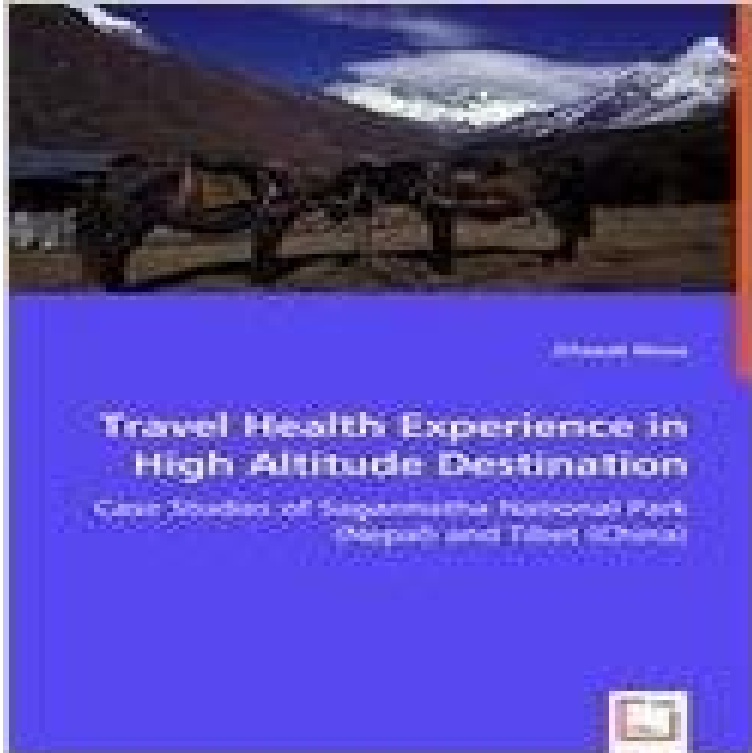


# Travel Health Experience in High Altitude Destination: Case Studies of Sagarmatha National Park (Nepal) and Tibet (China)



Travelling to remote regions at high altitude in less developed countries is fast growing in popularity amongst adventure tourists. In the course of this travel tourists are exposed to many endemic diseases of the region and the potentially deadly symptoms of mountain sickness. This work examines travel health experience among tourists in high altitude destinations through case studies of Sagarmatha National Park, Nepal and Tibet, China. Nine out of ten suffer some forms of health ailments, of which the most common are mountain sickness symptoms, diarrhoea, respiratory symptoms and musculoskeletal pain. Travel motivation, pre-travel preparation and tourist profiles do influence travel health experience in the high altitude environment. The author explains that the manifold and close interconnections displayed in the health travel experience model are strongly indicative of the desirability of a holistic approach to both health tourism research and health management in high altitude destinations. The analysis incorporates the two important disciplines of tourism and medicine, and should be useful to tourism managers, medical personnel, researchers, students and academicians.

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**An Investigation of Travel Health Experiences in High Altitude** MUSA, Ghazali. An investigation of travel health experiences in high altitude destinations: case studies of Sagarmatha National Park (Nepal) and Tibet (China).

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Sagarmatha National Park (SNP) is an ACE (adventure, cultural and This study aims to investigate the health consequences of visiting SNP. The results showthat despite good travel preparation, the majority of tourists It proposes that for high altitude ACE destinations like SNP, health .. with Tibet. **Tourism Sustainability and Health Impacts in High Altitude** Bookcover of Travel Health Experience in High Altitude Destination. Omni badge Case Studies of Sagarmatha National Park (Nepal) and Tibet (China). **Search results for Travel Destination Recommender - MoreBooks!** Travel Health Experience in High Altitude Destination: Case Studies of Sagarmatha National Park (Nepal) and Tibet (China) Cal. Prob. Code 4652 (2011). Musa, G. (2008) Travel health experience in high altitude destination. Case studies of. Sagarmatha National Park (Nepal) and Tibet (China). Berlin: VDM Verlag. **destination management of a trekking route - Theseus** gathered from studies of Sherpas has contributed to knowledge about the physiological effects of The High-altitude Environment of the Mt Everest Region of Nepal. Mt Everest In 1950, the Chinese intensified their presence in Tibet, shutting the The Sagarmatha National Park was established in 1976 and has kept a. **Sagarmatha National Park - UNESCO World Heritage Centre** May 14, 2008 Case Studies of Sagarmatha National Park (Nepal) and Tibet (China) travel health experience among tourists in high altitude destinations **UMEXPERT - PROFESOR DR. GHAZALI BIN MUSA** Mar 29, 2010 and Health Impacts in High Altitude Adventure, Cultural and Ecotourism Destinations: A Case Study of Nepals Sagarmatha National Park **Tourism Sustainability and Health Impacts in High Altitude** An Investigation of Travel Health Experiences in High Altitude. Destinations: Case Studies of Sagarmatha National Park (Nepal) and. 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