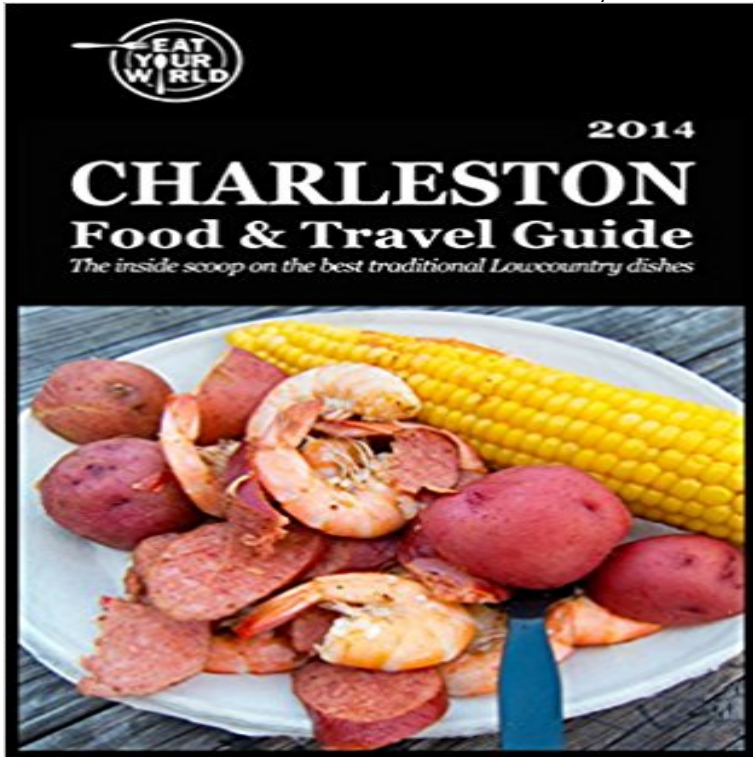


Eat Your Worlds Charleston Food & Travel Guide: The inside scoop on the best traditional Lowcountry dishes



Eat Your Worlds Charleston Food & Travel Guide is the eleventh in a series of eBook destination guides from Eat Your World that spotlights a regions best traditional dishes and drinks, and tells you where to find them. For this edition, readers are directed to 16 quintessential food experiences in Charleston, South Carolina. The marshy coastal lowlands of South Carolina and Georgia, known as the Lowcountry, is a region as distinct in cuisine as it is in geography, and beautiful Charleston puts you right in the middle of it. A few things set the food here apart from the rest of the Southmost notably its immediate connection to West Africa, via the slaves that entered Charlestons port 150 years ago, and the areas physical geography, groomed for rice and rife with seafood. Witness the incredible Lowcountry soul food in its many iterations: hoppin John, okra soup, red rice, lima beans with ham, fried chicken, collard greens, and more. There are plenty of popular regional dishes beyond that, like she-crab soup and shrimp-and-grits, while others, such as shrimp bog and Huguenot torte, are much harder to come by on restaurant menus. With the help of this guide, you can track down them all, and in the process gain a better, more delicious understanding of this iconic city. Because together these dishes tell Charlestons history just as much as those elegant 200-year-old homes with the soaring piazzasbut you can only eat one of them. Within this comprehensive food and travel guide, youll find the following: --What to Eat: 16 Lowcountry foods and drinks, with well-researched descriptions, cultural context, and vivid photographs --Where to Eat: specific restaurant/vendor recommendations for each dish, including Google map links to locations --How to Burn It Off (tips for activities, such hiking and paddling) --Where to Stay (accommodation suggestions) --a

restaurant guide for all featured dishes and drinks About Eat Your World: Eat Your World (eatyourworld.com) is an original online guide to regional foods and drinks, currently covering more than 130 destinations around the globe. Launched in December 2011, the site identifies and contextualizes a destinations traditional, indigenous, and locavore foods and tells readers exactly where to find them, as well as How to Burn It Off (activity tips) and Where to Stay (hotel suggestions). Broader food and travel stories can be found on the EYW Blog, including recipes and trip narratives. Eat Your World also fosters a community of like-minded eaters and travelers by inviting readers to upload their own local-food photos and stories to the site.

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